

Turkish Retreat Itinerary

Day 1: Arrival & Welcome

- **Transfer from İzmir Airport to the Belizi Boutique Hotel.**
 - **Enjoy welcome drinks by the pool, hosted by the Belizi Hotel and The Dough House teams.**
 - **Dinner: A delightful spread of Aegean meze platters, BBQ specialties, local wines, and raki (local spirit).**
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Day 2: Culinary Beginnings & Relaxation

- **Morning yoga and meditation surrounded by serene olive trees.**
 - **Savor a traditional & substantial breakfast spread featuring fresh, local ingredients.**
 - **Cooking Class: Harvest ingredients and learn the art of Turkish pasta making at the hotel.**
 - **Free Time: Relax by the pool, visit the beach, or wander through Urla's artisan shops.**
 - **Dinner: A comforting wood-fired stew accompanied by seasonal vegetables and Turkish flatbread, cooked by local chefs.**
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Day 3: From Farm to Table

- **Morning yoga and meditation amidst olive groves.**
 - **Indulge in a breakfast spread of local delicacies.**
 - **Cooking Class: Visit "Bi Masa farm" for a hands-on experience making flatbreads and meze.**
 - **Tour: Participate in a vine harvest, followed by a vineyard tour, wine tasting, and Arboretum visit.**
 - **Dinner: A seaside feast of fresh seafood, paired with a spectacular sunset.**
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Day 4: Markets & Michelin

- **Morning yoga and meditation to start the day.**
 - **Enjoy a vibrant local breakfast.**
 - **Cooking Class: Experience an olive oil tasting, shop for fresh ingredients at a local market, prepare iconic regional dishes with a local chef, and an Aegean Afternoon Tea, including sourdough bread.**
 - **Free Time: Relax at the pool, beach, or explore Urla's artisan treasures.**
 - **Dinner: An exquisite evening at Od Urla, a Michelin-starred restaurant.**
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Day 5: Ancient Wonders

- **Begin the day with yoga and meditation.**
 - **Breakfast featuring freshly baked sourdough bread.**
 - **Cooking Class: Prepare pizza dough for the following day's feast.**
 - **Free Time: Unwind by the pool or beach or explore Urla's vibrant artisan scene.**
 - **Evening Tour: Discover the ancient city of Ephesus and visit the Virgin Mary's House.**
 - **Dinner: A delicious meal at a local restaurant en route.**
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Day 6: Island Adventures & Celebration

- **Start with yoga and meditation under olive trees.**
 - **A breakfast spread to fuel your day.**
 - **Tour: Embark on a boat tour to Cesme and Chios, including a traditional Greek lunch on Chios.**
 - **Dinner: Wood-fired Turkish pizza prepared at the hotel.**
 - **Celebrate the final night with live music, regional cocktails, and great company.**
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Day 7: Farewell

- **Enjoy a final breakfast before your departure.**
- **Transfer to İzmir Airport.**

This thoughtfully curated itinerary promises a perfect blend of relaxation, culinary exploration, and cultural immersion, leaving you with unforgettable memories of Urla.